

Concerned Men and Women Dedicated to Gentle Use of California Trails and Backcountry

## PRESIDENT'S MESSAGE

As the holidays wrap up, I hope you all had a great Christmas. This new year is shaping up to be a mix of old and new. Our survey was very informative to the board and I thank all who participated. As a result new people are stepping up with new endeavors. A special thanks to **Duane** for not only putting out the survey, but collecting information and compiling results. Congratulations to **Jerry Smith** whose name was drawn to win the gift certificate to **Barnyard Feed**.

While new people are stepping up for rides, there is still room for you to host a ride to your favorite place. On the new side, **Ted** and **Randy** are putting together the 2nd San Joaquin Gorge ride and breakfast. **Pat, Duane, Ted and Pete** are hosting a spring poker ride and the next general meeting at the Lewis' **Barnyard Feed** will be proceeded by a tack sale. We also had a well attended trail trials we hope to repeat next fall.

On the traditional we plan to continue with <u>Shoot Your Heart Out</u> and the <u>Clovis Parade and Practice</u> hosted by Jan & John . We are also planning rides at <u>Jose Basin</u>, <u>Montana de Oro, Tamarack</u>, and a fall Poker Ride at Shaver Lake. Feel free to step up to host or assist with these rides. Call any club officer, anytime.

At this time we have not procured any grants, but plan to do 3 work parties thissummer, details and dates to follow.

Be sure to check out upcoming events on the calendar on our website. (www.bchcsjsu.org)

Thanks to **Cathy Walker** and crew for another great Christmas party and **Alan Fry** and crew once again for a fabulous meal. To all who participated by providing donations a big **THANKS** as well as to those of you who made the many purchases. It was a pleasure to present **Murial Holland** with this year's **Top Hand Award** and **Bob Skinner** with an associate **Top Hand**.

Looking forward to a great 2015.

Stay in the saddle, the ground is hard, Joe Kaminski, President



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# 2015 Calendar

Board Meetings are on the 1st Wednesday of the month. All members are welcome to attend. Board meetings start at 6:30 pm at the Clovis Elks Lodge, 535 Woodworth Ave. (Bullard & Woodworth).

Calendar & Ride schedule is on-going, and new events and rides will be published when confirmed. Note: dates and events are subject to change or cancellation; calling the contact person is recommended or checking www.bchcsjsu.org

~ ~ ~	February 7	Shoot Your Heart Out		John and Jan Mikkelson 559-289-4911				
*	March 7	Poker Ride/Breakfast and Lun	ch	Duane and Pat Peverill 559-908-3138				
~ ~ ~	March 13-15	BCHC Rendezvous Calaveras County Fairgrounds						
~ ~ ~ ~	March 28	General Meeting will be held at the Barnyard Feed & Supply on 847 N. Pleasant, Fresno. A Tack Sale will be offered before the meeting. More details to follow.						
2	March TBA	Spring Ride						
~ ~ ~	April TBA	Parade Practice/Desensitizing Clinic Jan Mikkelson 559-289-4911						
2		Clovis Parade & Rodeo		Jan Mikkelson 559-289-4911				
~ ~ ~	May TBA	Jose Basin Breakfast-Ride		Peter Parkin, 559-871-4500				
2	May 20	General Meeting 6:30 pm	Clovi	s Veteran's Memorial Building 453 Hughes, Clovis				
~ ~ ~		Bishop Mule Days						
~ ~ ~	June TBA	Edison Work Party		Joe Kaminski 559-733-9170				
2	, ····, = ·	Montana De Oro Ride		Peter Parkin, 559-871-4500				
~ ~ ~	July TBA	Spanish Lake Trail Work Party		Joe Kaminski 559-733-9170				
2	August TBA	Chamberlaine Beginning Pack	ing	<b>J</b> oe Kaminski, 559-733-9170				
*		General Meeting 6:30 pm	Clovi	s Veteran's Memorial Building 453 Hughes, Clovis				
~ ~ ~	September TBA	ptember TBA Shaver Lake Poker Ride						
*	October TBA General Meeting Riddle Ranch Ride and Elections Cindy Mueller 559-283-1174							
~ ~ ~	December 12	Christmas Party						
~ ~ ~ ~ ~	Please contact any Board Member if you would like to host a ride or activity.							
****	Please contact any Board Member if you would like to host a ride or activity.							





# Annual Christmas Party 2014

By Randy Witt

On December 13 The Elks club social hall in Clovis was filled with the Christmas spirit. It all began around 9:00 AM. Around a dozen people converged on the club to begin decorating the room into a festive mood. Thank you all for coming out to help trim pine boughs, scattering candy, setting tables, and making table decorations.

Set up in the morning by Cindy, Kathy and their elves.



About 70 members of the Backcountry Horsemen of California got together for our annual Christmas party. The evening started off with about an hour of warm fellowship followed by a delicious meal prepared by **Alan Fry and Diane Williamson**. THANK YOU Alan and Diane!

The evening was filled with raffle drawings and an auction of fine articles donated by generous individuals and local businesses. Thank you: Susan Turner, Debra McFarran, Riddle

Farms, The Range Pistol Club, Barnyard Feed and Supply, A1 Feeds, Tractor Supply Company and Bob Skinner.

The evening was facilitated by a local DJ and later in the evening, many enjoyed shaking a leg on the dance floor. Many people used this opportunity to make a donation to the Backcountry Horsemen of California and receive a free calendar and a chance to win thousands of dollars in raffle drawings. That evening **Joe Kaminski**, our President, honored several people for their dedication to our unit. **Muriel Holland** was awarded the **Top Hand award** for our unit and **Bob Skinner**, from the Los Padres unit, was awarded **Associate Top Hand award** for helping us out on our work parties for many years.

This event was a wonderful opportunity to catch up and relax with old friends we hadn't seen for a while. The 2015 Christmas Party will be held December 12, 2015. Don't forget to put it on your calendar!





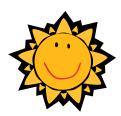








Cheers to all and to all a good night.



# Sunshine Corral

By Patricia Peverill



### WELCOME NEW MEMBERS

We are always excited to welcome our new members. Remember to invite others you know, who enjoy their equine activities, preservation of our trails, and social functions, to join us too! New members may join at any ride.

Carla Hawk. Fresno, California Ruth Cramer, Auberry, California

## GET WELL WISHES AND SYMPATHY TO:

Art Riesgo on his pending surgery which was postponed.

Carolyn Witt on her surgery. She still put out the newsletter on TIME!!!!

Our Sympathy goes out to Ted and Sharon Fischer and Family for the loss of Sharon's mother.

## THANK YOU....THANK YOU....THANK YOU

**Debbie McDougald** and **Kathy Rhode** for their expertise and time that was donated at a packing clinic that was held for BCHC Members.

To the following people for generous donations that made our Christmas Dinner event a whopping success:Susan TurnerDebra McFarranRiddle FarmsThe Range Pistol ClubBarnyard Feed and SupplyA1 FeedsTractor Supply CompanyBob Skinner

The winner of the Survey drawing, a gift card from Barnyard Feed and Supply, was Jerry Smith

Our first Lucky Calendar Winner was notified with a \$50.00 check in the mail. The Lucky Calendar was a Christmas gift from his parents BCHC members Jim and Linda Knabke. Congratulations!

This column is intended to help us all keep up to date with the important events in the lives of our members. If you have something happening in your family or know of something happening in another member's family, please send the information to me at: **ppeverill@sebastiancorp.net** I will be more than happy to include the news in the next printing of the BCHC San Joaquin Sierra unit newsletter.

The *purpose of this publication* is to keep its members informed on important issues that affect all horsemen and to inform the membership on up-coming events within the unit. The views and opinions expressed in this newsletter are those of the editor & authors and not necessarily shared by BCHC.

#### 2015 OFFICERS/DIRECTORS

President Joe Kaminski, 559-733-9170 kaminskiclan@gmail.com

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<u>Secretary</u> Cindy Mueller, 559-283-1174 Chipzipnappy@aol.com

<u>Treasurer</u> Pete Parkin 559-871-4500 ktzpaw@yahoo.com

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Jim Knabke, 559-299-3254<br/>jjknabke@comcast.net2015Duane Peverill, 559-908-3138<br/>wpeverill@sebastiancorp.net2015TBA2015

Carolyn Witt, 559-325-7876 cawittbchc@hotmail.com 2015

Pat Peverill, 559-824-1119 2016 ppeverill@sebastiancorp.net 2016

#### COORDINATORS

Education Coordinator Ted Fischer, 559-855-8599 tjfischer3@gmail.com

Facebook Coordinator Linda Knabke, 559-299-3254 Iknabke2@yahoo.com

Membership/Mailing Coordinator Jan Mikkelson, 559-289-4911 jessecowboy@comcast.net

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Advisors Cathie Walker, 559-283-1164 walker1486@comcast.net Fredie Chrisman, 559-876-2416

Past President Greg Caradonna, 559-351-5190 gocaradonna@sbcglobal.net

# **Advertising Rates**

Classified Ads \$.10/word with a 20 word minimum (\$2.00), \$.50 a line after that.

**Display Ad Rate** per issue Business Card Size, \$8.00, 1/4 page, \$20.00,

1/2 page, \$35.00, Full Page, \$50.00

Prices are subject to change without notice. **All prices are for one month, due the 10th of the month.** Editor reserves the right to refuse inappropriate ads.

All paid Ads include an E-mail Blast to all members with current emails

### Calling ALL Members!

Remember to please send an email to Chip Herzig: chipherzig@gmail.com

Let him know how you want your State Newsletter:



By E-mail



#### **NEWSLETTER EDITOR**

Carolyn Witt 559-325-7876 cawittbchc@hotmail.com

#### Hoof Print 2015 Deadlines

Advertising, announcements, pictures and other copy must be received by editor by the deadline listed below.

#### Deadline Publication

DeadlinePublicationJanuary 20February/MarchMay 20June/JulySeptember 20October\November

\$25.00

March 20 July 20 ber November 20 Publiction April/May August/September December/January

#### SJS Unit Fund Raisers

For Sale

"There's a Mule Under My Saddle Cookbook" by Jean Brown of Idaho \$10.00 Hats \$15.00

Khaki with a maroon or forest green bill are embroidered with one horse, two mules and says Backcountry Horsemen of California.

Scarf

\$13.00

Scarves are a dark blue and are embroidered with one horse, two mules and says Backcountry Horsemen of California

**Maroon Shirts** \$35.00 (Extra Tall \$38.00). The shirts must be prepaid before the order. The logo on the left is BCHC with San Joaquin Sierra Unit under the BCHC. Names added for \$5.00 in a group.

Horse First Aid.....great, informative quick reference

Contact: Pete Parkin 559-871-4500 ktzpaw@yahoo.com &/or look for items at our rides and meetings.

# 5th Annual Shoot Your Heart Out! February 7, 2015 11am to 3pm

Back by popular demand!! February 7, 2015 is BCHC San Joaquin Sierra's "Shoot Your Heart Out day." Bring your favorite **Valentine**, handgun, ammo, and/or 22 Rifle. (No steel rounds please). Guns are also available to shoot from The Range Pistol Club. Ammunition will **not** be provided but is available for purchase at the Range. Basic handgun safety and cleaning of the weapons will be reviewed and questions will be answered.

*All weapons* **MUST** be unloaded and locked in a box or have a trigger lock when brought into The Range.

The charge will be \$10.00 per person, paid to BCHC-SJSU.

You must be a BCHC member to shoot. You may become a member the day of the shoot as applications will be available.

Light sandwiches and drinks will be provided.

Range Master will be John Mikkelson, Past President SJSU BCHC.

Location: The Range Pistol Club 5152 North Gates Avenue Fresno, CA. (The Range is behind the west Costco Store near Hwy. 99. north of Shaw.)

**R.S.V. P. by Wednesday, Feb. 6**, to Jan by emailing jessecowboy@comcast.net or by calling 289-4911.



See ya thar pardner!

Yeehaaii!!!!!!!!



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SJS Hoof Prints February-March 2015

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# Packing 101 You Want Me to Pack What ??

By William Peverill

It was a beautiful day in Squaw Valley, California. A little town on Highway 180 nestled just below the mountains. A Packing Clinic was held at Kathy Rhode's home. The instructors were **Kathy Rhode** and **Debbie McDougald**. It was a clinic designed for the beginner and the more advanced packers. All participants had hands-on training in packing. The Iron Mules were very cooperative and never budged while the experienced and non experienced packers threw many different items, mantes and lines over their backs. The instructors had tons of items to be packed, from wheel barrows, shovels, ice chests, barrels, and two-man felling saw, just to mention a few. They demonstrated the many ways of packing items that are not so easy to carry on the back of an equine. Safety and rules of packing where covered. The experience of the instructors led to many interesting packing stories.

Kathy and Debbie were very patient with the participants as they packed their iron mules. The clinic was very interesting and low stress for the classmates. All felt very at ease. Everyone had an opportunity to get in there and try their skill at packing. After all the training, everyone had to demonstrate what they learned. The final kicker was a test of our ability to think about how to load the mule. The instructors laid out different items in a pile and each team had to pack their mule. When complete the instructors critiqued our pack. The main hitches that where demonstrated where the **Box Hitch** and the **Diamond Hitch**.

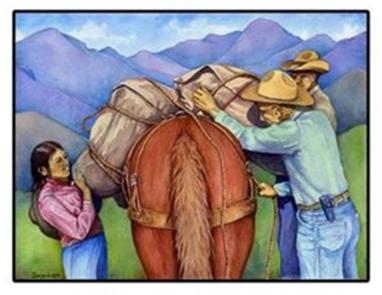
The clinic was attended by 12 members plus the instructors. They included members from the **San Joaquin Sierra Unit** and **Sierra Free Packers Unit**. Participants were allowed to stay and pack as long as they wanted or until the sun went down. We all ordered Pizza from Bear Mountain Pizza. It was outstanding pizza. The packing knowledge of Debbie and Kathy is outstanding. If you ever have a question, let them know. They are very open and approachable and welcome the questions. This clinic was just the first, and they will be planning another one in the Spring. Watch for information in the newsletter and the webpage.



A big THANK YOU to the instructors that went above and beyond in the presentation of the this Packing Clinic.



# BACKCOUNTRY HORSEMEN OF CALIFORNIA PRESENTS



Packing Our Youth Into The Future

# THE 28<sup>TH</sup> ANNUAL RENDEZVOUS MARCH 13 - 15, 2015

## CALAVERAS COUNTY FAIRGROUNDS FROGTOWN ROAD ANGELS CAMP, CA

#### **OPEN TO THE PUBLIC ~ ADMISSION IS FREE**

Events Include:

 Clinicians Jerry Tindell and JoDe Collins • Large Animal Rescue • Dutch Oven Cooking • Dinner & Auction • Beer, Wine & Cheese Tasting • Pack Scramble •

Anner & Auction • Beer, wine & Cheese Tasting • Pack Scramble

Western Art Show • Kids Activities • Cowboy Church •

Vendors, Vendors, and more Vendors

Featuring Friday Night Concert:

# DAVE STAMEY

Nationally Acclaimed Cowboy Entertainer ~ www.davestamey.com Advance Tickets: \$25.00 / At the Door: \$30.00 Buy tickets Early at www.bchcalifornia.org

FOR MORE INFORMATION AND EVENT PACKETS, visit bchcalifornia.org Or contact Mike Kohlbaker at (916) 214-6505 or email: 4horsen@sbcglobal.net Or Lloyd Erlandson at (209) 761-3942 or email: lloyd.erlandson0@gmail.com

# start Your New Year Off Right!



WWW.BCHCSJSU.org

# **EACECOUNTRY HORSENER** Winter Poker Ride at Hensley Lake-**Buck Ridge Boat Ramp**

# Breakfast and Lunch served Saturday, March 7th

in the saddle and riding out by 10:00 a.m. **RSVP by Feb. 28th** wpeverill@sebastiancorp.net to confirm attendance & directions. Information available (559) 908-3138 or bchcsjsu.org

MAIL CHECK to: BCHC P.O. Box 25693 Fresno CA 93729

2-3 hour ride with hills and some rocks. No dogs, no stallions. Under 18 yrs must wear helmet. High/Low Hands Payoff will be from net proceeds of Poker Hands 1/3 high, 1/3 low, 1/3 to San Joaquin Sierra Backcountry Horseman Unit. Must be 21 to purchase poker hand. 50/50 Drawing Raffle - 6 tickets \$5.00 ot \$1.00 each GREAT ITEMS! Lunch, Awards, Raffle between 1:00-1:30

#### **OPEN TO PUBLIC.**

**PRIOR RESERVATIONS OF \$25 Entry Fee includes:** breakfast, lunch, one poker hand and entry to park. Just poker ride \$15. Additional poker hands may be purchased for \$5. Non-riders may purchase poker hand at \$5 each.

If you're camping Friday night make reservations with Pete Parkin, (559) 871-4500.

# OVERNIGHT CAMPING

at BCHC Group Camp in front of dam. Limited space, limited corrals. Must tie to trailer or high line between trailers. Will have to trailer over to Buck Ridge for Poker Ride. Must bring personal and animal water. Must remove all trash when leaving (no trash pickup).

## San Joaquin River Gorge Breakfast/Ride By Randy Witt and Jim Knabke



PS. By Carolyn Witt



While the majority of backcountry Horsemen membership suffered through another foggy, dreary day in the valley, about 15 hardy souls enjoyed a wonderful day of horseback riding in the sun at the **San Joaquin Gorge**, just about 5 miles uphill from Auberry.

Four of the riders enjoyed an evening campfire on Friday night and slept in their rigs or tents. **Ted Fisher** and **Randy Witt** prepared a delicious hot breakfast for everyone. The breakfast included sausage, pancakes, free range eggs cooked to order, and a choice of drinks: coffee, orange juice, and hot cocoa.

The riders saddled up about 10 am and bid the breakfast visitors **Freddi Chrisman**, **Pat and Duane Peverill**, **Peggy Jefferson** and the gimpy **Randy Witt** goodbye and headed out.

The groups headed off in their own direction to ride the trail of their choice: from rolling easy hills covered with oak trees on the Fresno side, to more challenging rides on the Madera side of the San Joaquin River, including bridge crossings with water a hundred feet below and up steeper and narrower trails up the mountains. Although none of our riders rode it, there is another trail across the high bridge that goes downhill towards Temperance Flats.

The group split into at least three groups. **Ted Fischer** took some riders down the trail on the Fresno side of the River and some others crossed the river (over a high bridge) to the Madera side and split into a couple of groups. Our group was directed by **Cara Petersen** and included Cara's neighbors, **Jim Dixon and Ruth**, **Debbie Davis** and her daughter **Becca**, **Terry Armer** (from the Sierra Free Pack-

64° 43° Saturday 11:00 am 57 12:00 pm 61° 1:00 pm 63° 2:00 pm 63° 3:00 pm 63° 1 Updated 1/24/15 10:36 AM • ...... If you can't read the temperature it says "COLD". EL ISI I was going to brave the weather and have breakfast with my "popsicle" husband. But after going outside and feeding ALL VEV 12 the animals I decided only real horsemen go out on a εŋ, morning like this. Well, I guess I'm not a REAL horseman! Instead I stayed inside where it was warm.

AT&T

10:37 AM

ers) **Don Dutra**, and **Jim Knabke**. We were on the **Bridge Trail** which is about a 7 mile trail. The ride was excellent with lots of sunny mountain vistas and green grass. The trail was good (one rocky spot). There were quite a few mountain bikers and hikers with dogs, but everyone we met were very courteous. We rested and ate lunch about half way, in the green grass on top of a mountain – nice! There was a minimum of horse nonsense and all returned safe and sound.





Other riders attending included **Pete Parkin**, **Jim Crawford**, **Ron Jefferson** (the country balladeer), and **Tara Stephenson** (SFP) Great outing! This beautiful sunny day ride ended happily, as all riders returned without incident. We'll see you at **Hensley Lake on February 7th** for breakfast and another great poker ride with the backcountry Horsemen.

#### Attention

Your SJS Unit Board of Directors would like to invite any of our members to attend the monthly Board meetings or General meetings. It is important all directors have the same opportunity to hear the information, concerns or suggestions you wish to share. We are volunteers doing our best to keep our Unit informed and working smoothly. Refer to the newsletter for the information regarding times and location of upcoming meetings.

Respectfully,

John Mikkelson and Greg Caradonna

Past Presidents



www.bchcsjsu.org

Make sure you check out our website for updates on the Home page, Calendar page, and Newsletters. We also have a Photos page of our latest activities.

If you have any photos send them to Duane at wpeverill@sebastioncorp.net.

#### www.bchcsjsu.org





Happy Valentine's Day

# **Advertising Rates**

#### **Classified Ads**

.10/word with a 20 word minimum (\$2.00), \$.50 a line after that.

**Display Ad Rate** per issue Business Card Size, \$8.00, 1/4 page, \$20.00,

1/2 page, \$35.00, Full Page, \$50.00

Prices are subject to change without notice. **All prices are for one month, due the 10th of the month.** Editor reserves the right to refuse inappropriate ads.

All paid Ads include an E-mail Blast to all members with current emails



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Your Full Service Realtor Jessica Gabrielson Realtor, GRI, SRES, SFR, ASP

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# "Idonititionse:aroundiwhemiticomesstoselling.you"property

'Travel Advantage"

Dear BCHC Members

Check out the latest edition of "Travel Advantage", @ <u>www.ytbtravel.com/bchc</u> a travel newsletter full of terrific deals from YTB, our BCHC travel partner. The newsletter is chock full of great ideas for anyone's next getaway! You can download an icon to your computer desktop for instant connection to the BCHC Getaway website.

Please forward "Travel Advantage" newsletter to your friends and family and other BCHC supporters. The more we get the word out, the more people will use the BCHC Getaway travel site to take advantage of great rates on hotels, flights, rental cars and other travel-related items, the more BCHC will earn for our Treasury!!

Please do not hesitate to contact me if you have any questions about the travel site, how it works or what BCHC earns by participating in this great opportunity. Thank you for supporting and promoting BCHC Getaway!!

C.J. Hargreaves BCHC Editor/Travel Site Coordinator cjohargreaves@verizon.net



SJS Hoof Prints February–March 2015



# "Back Country Cooks Corner"

# Aunt Willies Easy Cobbler

Joe Kaminski's favorite cobbler

2 cups milk 2 cups sugar 2 cups Krustez pancake mix 1 cup oil 4-6 cups fresh fruit (berries, peaches, apples ...)

Mix all ingredients except fruit in 9x13 pan, fold in fruit. Bake @ 350 for 45 minutes or in Dutch oven until brown. Enjoy with homemade ice cream.

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# **Kids Corner**

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## WORDS TO FIND IN HORSE WORD PUZZLE:

CANTER FOAL HAY PONY				COI GAI HOI TRO	LLOI RSE	P					FILLY GRASS MARE WALK	
	U	Z	С	Н	Р	Е	W	Н	R	D		
	Р	0	Ν	Y	0	А	R	E	А	J		
	V	S	D	Х	L	Х	Т	А	Q	Y		
	F	G	D	K	L	Ν	0	G	М	V		
	М	Ι	Ι	W	А	Н	0	R	S	E		
	Р	Н	L	С	G	L	Ζ	А	С	W		
	D	Т	Ζ	L	R	А	С	S	Ν	Т		
	Т	0	R	Т	Y	0	V	S	L	В		
	Т	R	F	Р	Н	F	S	0	K	С		
	W	D	Х	Q	K	J	С	С	0	G		

# The Important Role of Salt in the Equine Diet

#### submitted by Carla Hawks

#### The Role of Salt

The horse's body is 70% water. The horse's body maintains an optimum level of water by maintaining optimal levels of salt (sodium chloride), i.e. a proper water to sodium ratio. Said another way, proper sodium balance allows the tissues to hold and retain the proper amount of water. If the horse becomes dehydrated, his body has less than this optimal amount of sodium.

As blood flows through the brain it detects the blood sodium levels/ratios. If the level of sodium rises as compared to water, the brain responds by triggering thirst. If sodium levels drop, the reverse is true; the horse will not feel thirsty and could experience a variety of symptoms including lethargy, weakness, mental aberrations, cardiac or nervous dysfunction, even death if not addressed. (1)

When the sodium blood levels drop the horse's body will pull sodium from the tissues to maintain key functions, like neurological and cardiac, so that they continue to operate normally. When this happens it "leaves the tissues dehydrated and significantly impacts skeletal muscular function.

Dehydration puts the horse at risk for colic and heat exhaustion." (1)

#### How to Prevent Dehydration

To ensure adequate hydration and salt intake make sure the horse is getting a minimum maintenance of 1 oz. of table salt a day in cool/cold weather and 3 oz. a day in warm/hot weather. If the horse is sweating heavily for two hours or more supplement 2 to 3 oz. of salt and use a balanced sweat replacement electrolyte supplement. Look for an electrolyte with "two times more sodium than potassium and two times more chloride than sodium." (1)

If the horse has a salt block at home, that's great but the horse will not get enough from a salt block alone. Add loose table salt with iodine (like Morton's) in the quantities listed above, to their grain or supplement daily. Use table salt and not Himalayan salt or the red mineral/salt blocks. Red mineral salt blocks contain too much iron for horses.

At moderate exercise and temps at 50 to 70 degrees Fahrenheit sweat loss occurs at a rate of approximately 4 to 5 liters per hour (over a gallon). This increases as much as 4 times that amount as temperature and speed of work increases.

#### Factors that affect sweating

#An unfit horse will sweat more than a fit horse
#Horses that are overweight have more trouble dissipating heat
#Excitement and nervousness increase sweating
#An increase in speed or exertion creates more sweat
#Body pain will increase sweating
#A larger horse sweats more than a smaller one

A good general starting point for figuring water loss in the horse in moderate work is 10 mL of sweat per kg of bodyweight per hour. So for instance a 1000 lb. horse is 455 kg. The trail ride will last 4 hours. The horse will lose 4550 mL of sweat which equals 1.2 gallons of water. (1) This is what the horse needs to replace to stay hydrated. This calculation doesn't take into account other factors such as high temperatures, very heavy work, lack of fitness etc.

#### Knowing When the Horse is Dehydrated

Keeping track of how often the horse urinates and the color of the urine is important. Urine should be a pale yellow color. Most people know how to do the skin pinch/tent test. This involves taking a pinch of skin on the lower neck. When the skin is released it should quickly snap back into place. If it does not snap back into place quickly and stays tented, this indicates 5% or more dehydration. (1) If the inside of the horse's mouth becomes sticky or tacky the horse is 5% or more dehydrated. (1) If the horse's gums don't refill with pink pigment after being pressed, the horse is dehydrated. Paying close attention to these factors at home will help the horse owner to know when things are not right when they are away from home.

#### **Strategies for Trailering**

For three days prior to trailering, make sure your horse has additional two to four tablespoons of salt a day to maximize hydration. This should be given with food or after eating. If the horse is not a good drinker on the road bring along a familiar water bucket, add frozen apple juice to the water for flavoring or bring water from home in a camping cooler with a spigot. When on the road stop every four hours and offer the horse water. Soaked beet pulp and wheat bran hold a lot of water and will also help hydration. Experiment to find something that will work for your horse.

#### If the Horse Becomes Dehydrated

If the horse is not drinking and becomes dehydrated it is wise to get them to a veterinarian as soon as possible so they can get fluids into the horse. At this point giving more electrolytes can do more harm than good so it's best to get professional help.

Making sure your equine partner has enough salt and the right kind of salt is cheap insurance. Start by adding 1 teaspoon with supplements and increase it over a couple weeks until recommended dosages are met on a daily basis. Providing a white salt block or free choice table salt can also be helpful. Just don't rely on that alone to provide what the horse needs.

For more information on dietary matters Dr. Kellon offers nutrition courses online at <u>www.drkellon.com</u>.

#### Sources:

(1) Dr. Eleanor Kellon, DVM and equine nutrition expert ~various articles and course



SJS Hoof Prints February-March 2015

## 50<sup>th</sup> Anniversary of the Wilderness Act and the Rose Parade

Presentation by the Region 5 Packers to help celebrate the <u>50<sup>th</sup> Anniversary of the Wilderness Act</u>. Parade participants included myself (Sierra NF), Cory Finneman (Los Padres NF), Katie Bartzokis (Inyo NF), Lee Roeser and Michael Morse (Inyo NF) and Ken Graves (Shasta Trinity NF). The wagon was driven by Bobby Tanner from Reds Meadow Pack Station. The wagon carried Smokey, the Chief of the Forest Service, Tom Tidwell, the Regional Forester Randy Moore, Christina Boston the Region 5 Wilderness Manager, and the winner of the Volunteer of the Year, Mike Herd, who works on the Los Padres NF.

We had a HUGE amount of help from other employees from the Klamath, Lassen, Los Padres, Stanislaus forests as well as volunteers from up and down the state. It was a group effort for sure!

We started the actual preparation in Bishop the first week of December and worked all the way up until Dec 23<sup>rd</sup> when a large convoy of trucks and trailers headed south to the LA Equestrian Center where we would stay with our animals until after the parade. Six people in the group actually spent Christmas in Southern California with the animals so that the rest of us could have Christmas with our families. I arrived in LA on Dec 26<sup>th</sup> and every day after that was spent riding my mule to get him used to some of the weird sights, sounds and smells of the big city.

In addition to participating in the parade, we also participated in the **Equestfest** three days before the parade. This was also televised and it was a performance by all the equine parade entries as well as other equine groups. There was quite a variety! Everything from the Budweiser Clydesdales to mounted shooting, trick roping, drill teams, knights and jousters, harnessed saddlebreds and miniature horses. We were the only mules and the only packers!!!

The day before the **Rose Parade** we finished work and fed our animals by 4 o'clock and were sent off to try to get some sleep. We met back at the barn area at 10 and started loading mules. We arrived at the staging area which is a closed off section of the 210 Freeway, about 11 at night. We opted to leave the mules in the trailer rather than make them stand outside all night and they were very good about this. At midnight various horns and whistles blew and one of the mules even let out a bray! Our group tried to catch more sleep in various trucks and trailers until 5 am when we got up and started getting the animals ready. It was dark and a brisk 32 degrees with a little breeze, so needless to say we were very bundled up!

At 6 o'clock the **Rose Parade** volunteer assigned to us, gave us a 2 hour call to be ready. He came back again at 7, and at 8 we began following him to the parade route. We actually rode under Colorado Blvd while we were on the 210 and could look up and see the stealth bomber doing the overflight at the start of the parade which was pretty cool!!!

By about 9:20 we were actually being mixed in to the parade behind the Trader Joe float and a couple of blocks later the band was placed in front of us. I knew there would be a band in front of us but had totally forgotten that the band might have flag girls! There were about 30 of them whirling their flags but fortunately the mules were ok with that!

The parade gets going with a bang as you quickly are at TV Corner which is where the HUGE grandstands are with TV cameras everywhere. After that it's just a 5 mile parade...not a whole lot different than Clovis. Lots of people

At the end of the parade we had to go past all the floats that were already parked in the viewing area where I guess they stayed for several days after the parade so people can come look at them. It was kind of neat to get to see them up close!

By the next day we had dismantled all of our pens and packed everything up and were headed back to Bishop by noon. We arrived about 8 that night and unloaded the animals that were really happy to be home!

I drove back from Bishop the next day with my mule and turned him out with the rest of my herd. I think he was glad to be back and so was I!

Debbie McDougald Wilderness Special Uses Permit Administrator Forest Service



## **Results Are In**

The Survey results are in. The officers and board are reviewing the input. I would like to thank each and everyone of you that completed the survey. The information that we received will help us improve the club and try to meet the expectations of all the members. Everyone that completed the survey spoke their piece and was very forth coming on suggestions and what they like and don't like. You will see in the very near future things that were suggested being put into place. We hope to have events through-out the year that will meet the needs of our members. Remember this is your club and your participation is very important. We would love to have more people at the General meetings and events. There are plans to enhance the meetings to make them more interesting. Also by coming to the meetings it gives you an opportunity to give the officers and directors your input. As suggested in the survey, we are planning more Pack Trips, Day Rides, Poker Rides, Parades, Social Events, Equine Clinics, Work Parties and Trail Trials. Those of you that offered your services, either professional or non professional, will be contacted in the future. Remember, anytime you have a question or suggestion feel free to call any officer or director. Their phone numbers and email address are on the web page and in the newsletter. Better yet....show up to the general meeting, volunteer and host events. Happy Trails. William Peverill, Director



# Venturing Out

By William and Pat Peverill

Four members of the Back Country Horse Association, 3 from the San Joaquin Sierra Unit and one from the Sierra Free Packers ventured off to Lake Camanche to participate in an ACTHA Trail Trial Event. Lake Camanche is located in Valley Springs California just a little over 150 miles north up Highway 99 then east on Highway 88. The lake has an equestrian camp called Turkey Hill Equestrian/Group Campground. The facility is very nice and has water for equestrian and pit style toilets. The camp has single, double, triple and quad camp sites. The overall camp ground has 32 pens with a horse washing station. There are only two basic trails leaving the trail head. The Coast To Crest Trail, heading to the left out of camp, will give you a 12 mile trail through scenic terrain. To the left is more of a lake edge trail of 1 to 2 miles out. Both trails are out and back. As for most of the water bodies in California the water is extremely low.

For the competition at the trials they had an AOC on Saturday and a CTC/Poker Ride on Sunday. The sponsor, Founder Rehab Ranch offered Breakfast ,Lunch and Dinner on Saturday and Breakfast and Lunch on Sunday. The obstacles for both trials were fairly good. Even though the temperatures were below freezing at night, everyone had a great time. The BCHC riders were **Dorraine Smith**, **Patricia Peverill, William Peverill and Tara Stephenson.** On Saturday night around a campfire the awards for placing 1<sup>st</sup> through 6th in the AOC were handed out. Dorraine Smith 4<sup>th</sup> in Open Division and Patricia Peverill 1<sup>st</sup> in Pleasure Division. On Sunday during lunch after the CTC the awards for 1<sup>st</sup> through 6<sup>th</sup> were handed out. Dorraine Smith 3<sup>rd</sup> in Open Division. In Pleasure Division: Patricia Peverill 3<sup>rd</sup>, William Peverill 4<sup>th</sup> and Tara Stephenson 5<sup>th</sup>. Tara Stephenson also won the Best Poker hand for a \$53.00 win. It was a great weekend and was an opportunity to meet people from different parts of California and share information about equestrian organizations. Considering the weather they had 19 AOC riders and 16 CTC Riders. Great event.

We hope to see more BCHC Riders at future trail trials. Leg up your horse and lets all head to the BCHC 2015 Rendezvous at Calaveras County Fair Grounds in Angles Camp, California.



SJS Hoof Prints February-March 2015

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Please clip form along dashed line - KEEP BELOW INFORMATION FOR YOUR RECORDS

#### PARENT BCHC MEMBERSHIP TYPES

Individual, Family (Shared\*), Benefactor, Patron, and Mt Whitney. A Parent Membership is affiliated with a single Local Unit. BCHC members may NOT hold more than one active Parent Membership.

A SHARED Membership is for two adults with differing last names, each sharing a common address.

#### ASSOCIATE MEMBERSHIPS

These special Memberships are only available to persons already holding Parent BCHC Membership. No one may sign up for an Associate Membership without 1) having registered one of the Parent Membership types, and 2) having selected Parent Unit affiliation.

- · You may sign-up for as many Associate Memberships as you like.
- Associate Memberships may also be initiated at any time during the term of your Parent Membership.
- Associate Memberships must expire concurrently with the Parent Membership, and are renewable only at the time of renewal of the Parent Membership.

Complete information regarding BCHC Membership is available on the MEMBERSHIP page at: <u>http://www.bchcalifornia.org</u>

KEEP FOR YOUR RECORDS ISUBMITTED AN Application Form for:	
Individual Membership	\$ 50.00
Family (Shared) Membership	00.06 2
Benefactor Membership	\$100.00
Patron Membership	\$250.00
Mt Whitney Membership	\$500.00
Donation – Packer	\$10.00
Mule Skinner	\$25.00
□ Other (Write in)	2
Associate Membership Total Remittance Check Number Date Mailed	2 2

Questions: Contact membership@bchcalifornia.org



San Joaquin Sierra Unit P.O. Box 25693 Fresno, CA 93729-5693



#### Objectives & Purpose of the Backcountry Horseman of California From the BCHC Bylaws

- To improve and promote the use, care and development of California backcountry trails, campsites, streams and meadows; to advocate good trail manners.
- To promote the conservation and utilization of our backcountry resources in concert with livestock transportation.
- To keep the backcountry trails and forage areas open to horseman on all public lands.
- To keep current information before the Corporation membership and its local Units regarding new legislation or management plans related to government regulations of the backcountry.
- To support or oppose new proposals, plans and restrictions as related to the interest of horsemen and those persons interested in recreational stock use and enjoying the backcountry.
- To promote the interest of people who, due to health or physical factors, need transportation other than by foot on backcountry trails.
- To promote public awareness and interest in the historical aspect of horsemen and stock in the backcountry and to help educate backcountry users on the ways to use the trail and foraged in a manner that conserves the backcountry resources.
- To assist in keeping the public informed of the vital need for a clean backcountry.
- To promote a working relationship with and keep the work and interests of the Corporation before our local, state and federal officials.
- To assist in the formation and continuation of local Units to carry out these purposes.